



# April 2022

## NEWSLETTER

### Themes

#### Springtime Sparkles


March may bring rainy days, but all those showers make the world sparkle with the colors of spring! Flowers, baby birds, and the spring climate will be explored as the children welcome spring.

#### Eating the Rainbow

Fruits and vegetables are among the healthiest foods you can eat, and they come in a rainbow of colors! The children will explore color, taste, and texture in this deliciously healthy theme.

#### Alphabet Words

van, vegetables, viper, vulture, wheel, windmill, window, world, xylophone, mixer, ox, six

Color/ Shape	Letters/ Numbers
	Vv, Ww, Xx 17, 18

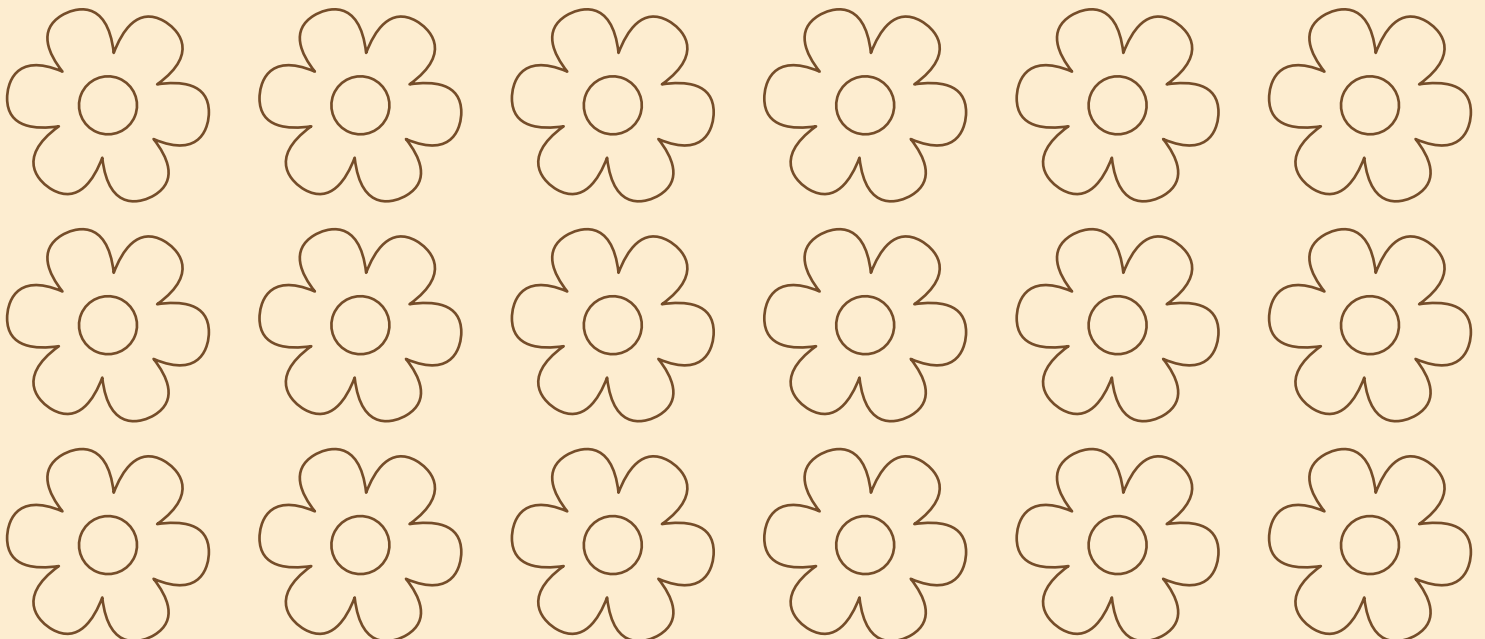
### Sign Language



### Watch Me Learn!

Color spring flowers and create patterns together. Offer coloring tools to your child to create a pattern with the flowers. Count the total number of flowers together and talk about your child's color choices. You may want to create your own color pattern on a separate piece of paper. Return this sheet to your child care provider so that your child can share it with the group.

Return by \_\_\_\_\_



# FAMILY CONNECTION

## Activities

### • Spring

Read a book about spring with your child. Look carefully at the pictures. What symbols of spring are portrayed in the book—rain, flowers, birds, bugs? Talk about the springtime weather in your area. Ask, "What signs can you search for that show spring is coming? How can you tell the wind is blowing?" Point out waving flags or swaying trees. Does the air feel warm or cold?

### • Fruits and Vegetables

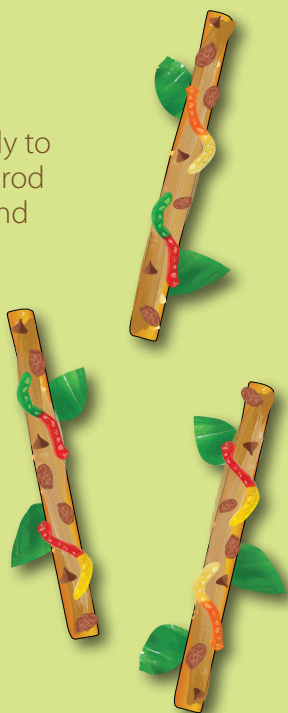
As you shop for groceries, allow your child to look, touch, and smell the different kinds of fruits and vegetables. Talk about what each produce item is called and what it may taste like. Consider purchasing a fruit or veggie your child hasn't tasted before. Keep fruits handy on the counter and keep cut up veggies in sandwich bags on the lower refrigerator shelves for your child to grab. Freeze grapes, melon balls, and berries for a quick, cool treat right out of the freezer.

## Recipe

### Bugs on a Branch

- pretzel rods
- nut butter
- raisins
- mini chocolate chips
- gummy worms
- green fruit strips

Make "birdy" treats for your family to enjoy! Offer your child a pretzel rod for a branch, a child-safe knife, and a nut butter of your choice to spread onto one side of the pretzel rod. Allow your child to stick the raisins, mini chocolate chips, and gummy worms to the nut butter for bugs. Tear pieces from the green fruit strip for leaves.



## Songs

### Springtime

Sung to "Pawpaw Patch"

Springtime's here with gentle showers,  
Bringing pink and yellow flowers.  
Birds sing happy songs for hours!  
I love sparkly spring!

Springtime breezes softly blowing,  
Fresh green grass is quickly growing.  
Changes all around are showing.  
I love sparkly spring!

Repeat all.

### Rainbow on My Plate

Sung to "Pop Goes the Weasel"

On my plate I like to see  
The colors of the rainbow.  
Orange carrots, purple grapes,  
Corn that is yellow.  
Blueberries are good for me,  
And I like red tomatoes.  
Let's have broccoli that's green  
And white potatoes.



## Book List

### *Wings*

by Cheryl B. Klein

### *Little Dandelion Seeds the World*

by Julia Richardson

### *Busy Spring: Nature Wakes Up*

by Sean Taylor and Alex Morss

### *Zinnia's Flower Garden*

by Monica Wellington

### *Too Many Carrots*

by Katy Hudson

### *The Cool Bean*

by Jory John

### *Plants Feed Me*

by Lizzy Rockwell

### *Tops & Bottoms*

by Janet Stevens