



# Sample Day

Now in full color! Activities are organized in an easy-to-use daily lesson plan format. You may use these ideas in a large or small group, or review activities on a one-to-one basis. Infant and Center activities are provided for each theme, giving you the flexibility to meet the needs of the children in your program.

Daily Lesson

Hello and Goodbye

Friday  
September 7

## Language/Literacy

### Friends

**Indicators:** language/literacy L1.1, L2.1, L2.2, L2.3, dual language learners DL1.1, DL2.1, social/emotional SE2.2, creative arts CA2.1, CA3.1  
**Materials from Kit:** Friends Vocabulary Card (p. 5), Songs/Rhymes Card #1

Learn about friends.

- Show the Friends Vocabulary Card and talk briefly about friends. Explain that friends can play together, sit together, and have fun together in other ways.
- Mention how the children in your group are making new friends.
- You may want to mention that in Spanish, we use the word *amigo* (ah-MEE-go) for a friend who is a boy and *amiga* (ah-MEE-gah) for a friend who is a girl.
- Encourage each child to hold hands with a friend as you sing the song "All My Friends" together. This song is available as a digital download (Online Resource at [funshineexpress.com](http://funshineexpress.com)). The lyrics are also on Songs/Rhymes Card #1.
- You may want to repeat a few times and each time have the children dance with a new friend.
- **Older Toddlers:** Invite older children to tell you what they like to do with their friends.



## Social Studies

### Picture Routine Schedule

**Indicators:** social studies SS1.1, math M4.1  
**Suggested Materials:** camera, tape

A picture schedule of your daily routine is a great way to help children feel secure in your room. It will also help new children learn the routine and ease transition times.

- Think about the parts of your daily routine, such as meals, snacks, outdoor time, free choice/center activities, art time, and so forth.
- Take pictures that show each part of the day.
- Display the pictures in order in a spot where the children can easily see them. One location may be where you gather as a group to sing songs or read stories.
- Refer to the picture schedule often. For example, if you go outside after snack time, point to the picture for snack time as the children eat their snacks. Show the children that going outside will come next.
- If you follow a consistent schedule, over time the children will show you that they anticipate what will happen next.

**Observe:** Do children start to follow the daily routine? Do they start to learn what comes next?

## Creative Arts

### My Buddies Prop

**Indicators:** creative arts CA1.1, CA2.1, social/emotional SE2.2, approaches to learning AL1.1  
**Materials from Kit:** cream buddies punchouts, eye stickers, button stickers, craft sticks  
**Suggested Materials:** crayons, tape, music

*Caution: Supervise the use of stickers.*

Create two fun buddies that enjoy playing together.

- Invite each child to color on both of their buddies punchouts.
- As the children color, talk about friends and friendships. Children may want to tell you what they like to do with their friends.
- Carefully punch out the two buddies.
- Divide the eye stickers between the children. Help the children place two eye stickers on each buddy.
- Divide the button stickers between the children. Help the children notice the shape of the buttons, a circle! Place the buttons on each buddy.
- Tape a craft stick to both buddies to create a handle.
- The children can play with the buddies. They may want to look at a book with them or sing a song with them. You can choose one of their favorites or repeat the "All My Friends" song.
- **Older Toddlers:** Older children may enjoy trying to draw a smile and nose on their buddies.

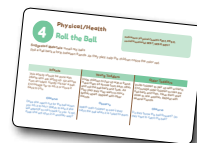


## Physical/Health

### Roll the Ball

**Indicators:** physical/health PD1.1, PD2.2, social/emotional SE2.1, SE2.2, SE4.1  
**Materials from Kit:** Physical/Health Cards

- See Physical/Health Card #4.



## NOTES

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We include fun, creative art materials, saving you money and trips to the store.

Materials are listed with each day's activities making it easier for you to see at a glance what you need.

Many activities include tips for individualization in purple text. Use these to adapt activities to meet the needs of older children.

Indicators are listed with each activity to promote growth and development of various skills.

**NEW!** Activities marked with a blue checkmark are suggested for assessment. An observation tip is included in blue text.