

# 2025 Week of the Young Child Activities

#### **Music Monday**

Kick off a week of fun with movement and a sing-along. Offer a variety of musical instruments and play some of the children's favorite tunes. Encourage the children to sing, dance, and play musical instruments.

Book for Music Monday: Stomp, Wiggle, Clap, and Tap by Rachelle Burk

#### Tasty Tuesday

Have a pizza party for Tasty Tuesday. Make English muffin pizzas with the children for lunch or snack today. Gather English muffins, pizza sauce, shredded cheese, and a variety of other toppings. Other toppings could include pepperoni, sliced black olives, and chopped bell pepper. Separate (or cut) the English muffins and offer each child two halves. Help the children spread the pizza sauce on their English muffins and then add cheese and their favorite toppings. Bake at 350°F until warm and the cheese has melted.

**Book for Tasty Tuesday:** *Pete the Cat and the Perfect Pizza Party* by Kimberly & James Dean

#### Work Together Wednesday

Play together with balls two different ways on Work Together Wednesday. The first can be a simple ball relay. Have the children sit together in a circle. Bring out a soft sensory ball. Offer it to a child and have the child pass it to the next child. Continue passing it around the circle as long as the children show interest.

A second way to play is in your outdoor play space. Beforehand, hide 7 to 10 play balls in your outdoor play area. Set a bucket in the center of your play area. Invite the children to work together to search for and find all the play balls and collect them in the bucket. Once done, count the balls together.

Book for Work Together Wednesday: That Fruit is Mine! by Anuska Allepuz

### Artsy Thursday

Celebrate Artsy Thursday by making a mural together. Spread out a large sheet of butcher or bulletin paper on a long table. Set out finger paints, paintbrushes, markers, crayons, and any other art materials you have available. Encourage the children to create throughout the day. Children might work for a bit, stop, and then come back later to add to the mural. At the end of the day, observe the completed mural together and hang it on a wall in your room.

Book for Artsy Thursday: Mix It Up! by Hervé Tullet

## Family Friday

Celebrate Family Friday with a family show-and-tell. Invite children to bring in a family picture and/or a family artifact of importance. Have each child share their family picture or artifact with the group. Ask simple questions about the child's family for the child to answer as they show readiness. Invite families to join the experience.

Book for Family Friday: My Family by Debbie Bailey