Grocery List

bread
bananas
raisins
butter
cinnamon/sugar
waffle cones
variety of fruit
dry snack foods
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Teddy Bear Toast

Ingredients:

bread slices bananas raisins butter, softened cinnamon/sugar

Offer child-safe knives, and ask children to help slice bananas into circles. Toast slices of bread, making one for each child. Set out the ingredients, and invite children to create a teddy bear with their toast.

Lightly butter the toast. Sprinkle on cinnamon and sugar. Add one banana slice to each top corner of the toast, creating ears. Add one banana slice to the middle of the toast to serve as the teddy bear's snout. Have children place raisins on the face to represent eyes and a nose. Serve immediately.

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Cornucopias

Ingredients:

waffle cones variety of sliced fruit OR dry snack foods

Provide child safe knives, and invite the children to help you slice a variety of fruits into small pieces. Or, offer dry snack foods, such as cheese crackers, pretzels, and raisins to measure and mix together.

(Provide enough ingredients for each child to have about 1/2 cup.) Invite each child to help measure about 1/2 cup of the mixture with a measuring cup. Hold the waffle cone while she pours the mixture into the cone. Sit together as a group to enjoy the snack!

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