

November 2024 NEWSLETTER

Themes

My Imagination

Pretend play is the heart of early learning! Whether they're playing superheroes, transforming objects with magic wands, or acting out everyday scenarios, children love to play make-believe. This theme demonstrates how much learning happens when children use their imaginations and creativity!

Helpful Habits

No matter where you live, we all live in community. This theme focuses on habits that help us get along with others, such as sharing, turn-taking, and being neighborly. Children will strengthen their self-regulation and independence while learning ways to interact positively with others.

Color/ Shape



Alphabet Words

garage, giraffe, goggles, guitar, hammer, honey, house, hug, icicle, igloo, impala, instruments

Letters

Gg, Hh, I

Numbers

7-8

Sign Language





Learn with Me!

Play Ideas Jar

Imaginative play is an important part of childhood. When children have time to pretend, they practice all kinds of skills, including problem-solving, creative, and social. More often than not, children are great at leading their own play. Sometimes, though, a little help is needed. For times when your child isn't sure what to do, create a play jar. Gather an empty jar and cut paper into slips. Brainstorm with your child things they like to play. Write each idea on a slip of paper. Offer the jar of play ideas when your child needs a little encouragement. Enjoy playtime together!

Small Acts of Kindness

Involving children in acts of kindness can go a long way fostering gratitude, self-awareness, and community. Invite your child to try small acts of kindness such as writing friendly messages on the sidewalk using sidewalk chalk, drawing a picture for a sick friend, or leaving a homemade bookmark inside of a library book.

My Project: Dragon Megaphone

When I bring this project home, we can:

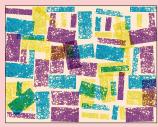
- Test it out by taking turns roaring like dragons into it!
- Pretend to be other animals that roar.
- Talk about feelings that can sometimes make us want to roar, like anger or frustration, and how to handle those times.



My Project: Sponge Rectangles

When I bring this project home, we can:

- Identify any patterns I made on the paper.
- Count the total number of rectangles stamped.
- Talk about the sizes of the rectangles.



Graphics are intended to show samples of projects. Materials may be substituted or used differently.

FAMILY CONNECTION

Book List

Even Superheroes Have Bad Days by Shelly Becker

Fairy Tale Pets
by Tracy Corderoy

Not a Stick by Antoinette Portis

What to Do with a Box by Jane Yolen

The Thank You Letter by Jane Cabrera

Say Hello! by Linda Davick

How to Two by David Soman

Alphabreaths: The ABCs of Mindful Breathing
by Christopher Willard

Recipe

Pear Chips

firm, underripe pears cinnamon sugar (optional)

Preheat the oven to 225°F. Line baking sheets with parchment paper.

Invite your child to help you wash the pears. Then, thinly slice the pears



lengthwise. Place them in a single layer on the prepared baking sheets. If you enjoy cinnamon sugar, lightly sprinkle the pear slices now.

Bake for about 1½ hours. Flip the pear slices and continue baking until the edges curl and the slices have darkened slightly (about another 1 to 1½ hours).

Transfer the slices to a wire rack, and let cool. Once the slices feel crispy, offer them for a snack. Store remaining chips in an airtight container.

Songs & Rhymes

Superhero

If I were a superhero, I'd fly around the room, (*Pretend to fly.*)

And help all the people with a zoom, zoom, zoom!

(Make motions with arms.)

I'd be there to help wherever there's a need. *(Show muscles.)*

I would fly there to help with my supersonic speed!

(Pretend to fly.)

I'm a Little Teapot

Traditional

I'm a little teapot, Short and stout. Here is my handle, Here is my spout. When I get all steamed up, Hear me shout: Tip me over And pour me out!

Reminders		