

# September 2022 NEWSLETTER

# **Themes**

## Hello and Goodbye

As a new school year begins, children may be entering unfamiliar settings and meeting new friends and caregivers. Activities are planned to help children adjust to new schedules and expectations. We'll also focus on sharing, friendships, and community.

#### Orchard Adventure

Welcome to the orchard! This theme focuses on the fun fall tradition of apple-picking. Children will learn about orchard machines, fruits that grow in orchards, and jobs at the orchard. They will also delight in experiencing the tastes and scents of the season.

# **Alphabet Words**

ambulance, apron, arrow, astronaut, bag, bed, book, butterfly, caterpillar, circle, coconut, curtains

Color/Shape	Letters/ Numbers
	Aa, Bb, Cc 1, 2, 3

## Sign Language





## Learn with Me!

### • Scientists for a Day!

Engage your child in pretend play. Go for a walk as pretend scientists. You can even dress the part by wearing white button-down shirts or lab coats, if you like! Bring a notepad and pen along. Notice the weather, the colors of leaves, types of trees, flowers, etc. Write down or draw observations and discuss these further at home.

#### Routine Journal

Visit with your child about how your home routine may change now that a new preschool year is starting. Has your child noticed any changes in routine? Gather a notebook to write your child's answers. Use the same notebook to create an adjusting-to-new-routine journal. Invite your child to draw a sun on one side of the paper and a moon on the other. List new parts of the routine under each column, depending on whether they will happen in the morning or night. Refer to the journal daily to review the new routine.

# My Project: Grandparent Gift: I Love You to Pieces

When I bring this project home, we can:

- Talk about the materials used in the project.
- Identify the family member who's going to receive the gift.

#### My Project: Autumn Watercolor

When I bring this project home, we can:

- Discuss which features on the art project and leaf print are similar.
- Look for leaves that match the project and print outside.





# **FAMILY CONNECTION**

## **Book List**

**The Bus for Us**by Suzanne Bloom

**Chu's First Day of School** by Neil Gaiman

**Meesha Makes Friends**by Tom Percival

**The Kissing Hand** by Audrey Penn

I Like the Wind by Sarah Nelson

**Apple Farm Annie** by Monica Wellington

**My Autumn Book**by Wong Herbert Yee

It's OK, Slow Lizard by Yeorim Yoon

# Songs

#### **All My Friends**

Sung to "Mary Had a Little Lamb"

All my friends are here today, here today, here today.

All my friends are here today, ready to have fun!

Let's sing songs and dance today, dance today, dance today.

Let's sing songs and dance today, dance with all my friends!

Let's read books and play today, play today, play today.

Let's read books and play today, play with all my friends!

All my friends are here today, here today, here today.
All my friends are here today, ready to

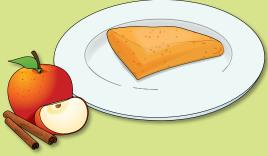


# Recipe

Mini Apple Pies

refrigerated crescent roll dough apple pie filling cinnamon sugar

Place a spoonful of apple pie filling in the center of each crescent dough section. Fold the dough over and press along the edges to seal the filling inside. Sprinkle with cinnamon sugar and bake according to the crescent roll package directions.



## **Leaves Are Falling**

have fun!

Sung to "London Bridge"

All the leaves are falling down, Falling down, falling down. All the leaves are falling down, Right off the trees.

Catch them as they blow around, Blow around, blow around. Catch them as they blow around, Rake up the leaves.



Reminders	